



Pen Bay Healthcare Speakers Bureau

*Your local free resource for
group seminars and lectures
about the world of health*



We speak health.



Inform

The size and scope of the Pen Bay Healthcare family of services give us a wealth of experts in all areas of care, whether physical, emotional, or spiritual, sports and recreation or occupational and ergonomics. And of course, age-specific care from all phases of life.



Educate

We have a desire and a responsibility to educate our friends, families and neighbors of mid-coast Maine and help them become better-informed to make healthy decisions, and update our community on the latest care methods and public health issues.



Inspire

Experiences—from learning how to prevent an illness to coping with stress to amazing patient stories—we love to inspire others in this journey through life. See how the Pen Bay Healthcare Speakers Bureau can tailor a message to touch upon the interest of your audience.

“All four speakers were excellent and were appreciated by the Rotary Club. I received many compliments which expressed their feelings that the speakers were interesting, informative and that the subjects presented were timely.”

“Your planning was complete and the information you gave me on the speakers was excellent. I could not ask for more support than you gave me.”

**—Harvey Rudisaile
Camden Rotary Club**

“The speaker did a fine job and was very presentable. We’re eager to have another speaker soon.”

**—Ray Bailey
United Methodist Church Men’s Group**

“As a community member who frequently uses the Pen Bay Healthcare Speakers Bureau, I have found it very efficient. With just a couple of short phone calls, I have been able to arrange excellent, knowledgeable speakers to make presentations, on a range of health topics that are interesting and educational.”

**—Donald Gross
West Bay Rotary Club.**

Messages to Inform and Inspire

The Pen Bay Healthcare Speakers Bureau is available to speak to issues that are relevant to your group. We urge you to suggest topics that will interest your group.

- The Dynamics of Epidemic Disease
- Pathways through Depression
- Finding Freedom from Addicting Habits
- Creative Recovery and Therapy
- Pain Management: Coping with Chronic Pain
- How to Manage Your Own Health
- Minimize the Impact of Rising Health Costs
- Comforting the Grieving
- The Future of Medicine

- Better Nutrition: Infants to Elderly
- Spiritual Health and Purpose
- Tips for Parents of Adolescents
- How to Care for Parents
- Latest Screenings and Vaccines
- Get Prepared for Exercise
- Gender and Age Specific Topics

Illuminating Experts

Highly educated and relevant, our speakers come from all walks of life and all areas of care:

- Health professionals from all fields—cardiologists and oncologists, nutritionists and nurses, family doctors to pediatricians
- Working with the heart and the mind—chaplains and counselors, therapists and health coaches
- Better ways to manage care—administrators and hospitalists, social workers and healthcare coordinators

Deep and Broad Experience

Touching on nearly every phase of living, the Pen Bay Healthcare family of services is well suited to share resources for care and caring.

Pen Bay
Healthcare

www.penbayhealthcare.org

Pen Bay Healthcare is...



Pen Bay Healthcare Speakers Bureau



Contact us

for a speaker or a series of
speakers or more information
about the Speakers Bureau



Call:
207.594.6702

Email:
**speakersbureau@
penbayhealthcare.org**

www.penbayhealthcare.org

PenBay Healthcare Speakers Bureau
Bok Medical Arts Building
22 White Street
Rockland, ME 04841